About Grouper
Grouper is a radically beneficial new form of healthcare. Members get covered by their health plan for having fun with friends. Gyms offer one path to staying active – but it’s hardly the only path. That’s why Grouper offers a lively and robust network of activity groups to connect health plan members to the activities they love to do.

Our Mission
To encourage healthy living through activities that build meaningful social connections and shared experiences.

WHAT IS SOCIAL FITNESS?
Research shows that participating in groups and activities with others improves our mental, physical, and social health. It’s called "Social Fitness," and it’s the driving force behind everything Grouper does.

Physical
Staying active through exercise, fitness classes, or walking is crucial for maintaining good health.

Mental
The more mental stimulation we get, the more likely we are to hold on to better brain functioning as we age.

Social
Studies have shown, that social connections are closely related to well-being and personal happiness.

How It Works
Grouper partners with large Medicare Advantage and Supplement health plans. Once a partner joins the Grouper Health Network, we are able to confirm if members’ dues are covered by these health plans. By joining the Grouper network, eligible members will receive a check to cover their membership dues.

Health Plan Eligibility
Members can confirm their Medicare Advantage or Medicare Supplement plan includes the Grouper social benefit by signing up online at the designated enrollment link.

Upon signing up, members can expect contact within 3-5 business days regarding health plan eligibility. After verification, additional information will be requested via email, and a check will be sent to cover the cost of membership.